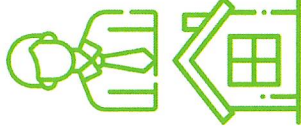


What is adult abuse?

Abuse is when someone does or says things to another person to hurt, upset or make them frightened.

Adult abuse is wrong.

It can occur in:



a public place,
including at work

your own home

The Care Act 2014 defines the types of abuse as:

- Physical abuse
- Domestic violence or abuse
- Sexual abuse
- Psychological or emotional abuse
- Financial or material abuse
- Modern slavery
- Discriminatory abuse
- Organisational or institutional abuse
- Neglect or acts of omission
- Self-neglect

Who can be affected?

Abuse can affect anyone at any time in any place.

What can you do?

Tell someone if you suspect or witness an adult being abused. You will be taken seriously. Please take immediate action and use the contact numbers in this leaflet.

If you are being abused:

Talk to someone. There are many people you can talk to. Don't worry about making a fuss, you deserve to be listened to and believed.

Speak to a trusted relative, friend, care worker or other professional, such as a GP.

If you believe a crime is being or has been committed, **talk to the police** or ask someone you trust to do so on your behalf.

Keeping Adults with Care Needs Safe

Quick Reference Guide

If you are worried about someone, or want to raise a safeguarding concern please telephone or email us at-

Tel: 020 8770 6770

Email: referralpoint@sutton.gov.uk